Sri MANAKULA VINAYAGAR

Medical College and Hospital

An Autonomous Institution

Kalitheerthalkuppam, Puducherry - 605 107

PATIENT SAFETY WEEK

CELEBRATION 2026

ALL CLINICAL DEPARTMENTS	IN ASSOCIATION WITH Quality Department

THEME

Safe care for non-communicable diseases

“Safe care for all”

SRI MANAKULA VINAYAGAR Medical College and Hospital

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ACTIVITY REPORT

4 DAYS	30+ safety activities	ONE GOAL PATIENT SAFETY IN ACTION

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Patient safety week celebration 2026

All clinical departments

In association with Quality Department

Theme: Safe care for non-communicable diseases

Slogan: "Safe care for all"

4 DAYS * 30+ SAFETY ACTIVITIES * ONE GOAL

PATIENT SAFETY IN ACTION

- Safe diagnosis and treatment
- Medication safety
- Hand hygiene and infection prevention
- Fall prevention and safe mobility
- Surgical and anaesthesia safety
- Radiation safety
- Correct patient identification
- Awareness talk
- Skit and mime
- Fitness and healthy practices
- Emergency and code blue preparedness
- Patient and family engagement

"EVERY PATIENT * EVERY CARE * EVERY TIME"

Together, let us build a stronger culture of patient safety

Date: 15.09.2026 to 18.09.2026

Venue: Hospital courtyard
Departmental demonstration room

PROGRAM AGENDA

15 – 18 September 2026

Theme: "Safe care for non-communicable diseases"

Slogan: 'Safe care for life!'

15th September 2026

Time	Department	Activity	Target Participants	Venue	Faculty In-charge
9.30 – 10.00 am	All clinical departments	Inauguration lamp lighting	-	Hospital courtyard (opposite to paediatric OPD)	Dr. Perarul / Mr. S. Pradeep Kumar
10:00 - 01:00 pm	OBG	GDM Awareness day – healthy plate stall & role play by nursing students	Pregnant women & women seeking preconceptional care	Hospital courtyard (opposite to paediatric OPD)	Dr. Priyadharshini, Professor
10:00 - 01:00 pm	General Medicine	Know your scores and know your risk	Population with risk factors / Pre-diabetic	General Medicine OPD – Room 16	Dr. N. Kawiraj, Dr. Aaksh T. Ajith, Dr. Ragavi P.
10:30– 11:30 am	Paediatrics	Red Light – Green Light: Patient Safety An interactive activity that reinforces safe patient practices through simple, engaging scenarios.	Pediatric IP/OP patients & attenders	Pediatric Ward, 3rd Floor	Dr. Aishwarya. T
11:00 AM	ENT	SAFE ENT, SAFE LIFE – Public Awareness Quiz & Education Booth	OP patients & attenders	ENT Demo Room	Dr. R. Hemalakshmi

11:00–11:30 AM	Radio-diagnosis	Apron or No Apron? Know your safe zone! – Room layout puzzle / Apron-No apron rapid-fire quiz & pamphlet distribution	X-ray patients & attenders	Radiology Demo Room	Dr. Yamini
02:00–04:00 PM	General Medicine	Insulin safety awareness among nursing staff – analysis of sustainability	Nursing staff	Male/ Female special ward	Dr. N. Kawiraj / DNS / Ward In-charges

16th September 2026

Time	**Department**	**Activity**	**Target Participants**	**Venue**	**Faculty In-charge**
10:00 am	Orthopaedics	Fall prevention awareness campaign & demonstration	IP/ OP patients & attenders	Orthopaedics OPD demo hall	Dr. Hemnath
10:00 am	Anaesthesiology	Hand Wash	OT Staff	Specialty OT Demo Room	Dr. R. Hariprakash
10.30 am	Pulmonary Medicine	Interactive patient awareness session- Demonstration of inhalers, ATT related issues	Ward patients with COPD and TB	Ward	Dr. R. Praveen
10:30–11:30 am	Paediatrics	Mystery Medicine Box A hands-on awareness activity helping participants identify common medication-safety risks.	Pediatric IP/OP patients & attenders	Pediatric Ward, 3rd Floor	Dr. Aishwarya. T
10.30 to 11.30 am	Ophthalmology	Awareness talk – native medicine & harmful effects; proper application of eye drops; dos	Public	Hospital courtyard (opposite to paediatric OPD)	Dr. Jayalakshmi G., Dr. Madhumitha

		& don'ts of postoperative care			
11.30-12.30 pm	Pulmonary Medicine	Fitness challenge	OPD patients attending the respiratory medicine	Hospital courtyard (opposite to paediatric OPD)	Dr. R. Praveen
11:00–11:30 AM	Radio-diagnosis	Know Your Scan Before You Go – Awareness Talk & Pamphlet Distribution	Ultrasound Patients	Radiology demo room	Dr. Balavaitheshwar
2.00 pm	Dentistry	Spot the Hazard	Staff, Nurses & Attenders	Dental OPD	Dr. Kiruthika Shriranjani
02:00-04:00 pm	General Surgery	Let's Do It Right for Patient Safety – WHO Surgical Safety Checklist Live Demonstration & Quiz	Final year nursing students	SMMCH college block – lecture hall 5	Dr. Firdose, Dr. Sneha, Dr. Janani, Dr. Sandhya
2.00 to 3.00 pm	EMD	Code blue	Mock drill	Hospital courtyard (opposite to paediatric OPD)	Dr. Nithyaraj Dr. Monisha
2.00 to 2.30 pm	Nursing	Video- Identify the patient correctly	Staff nurse, students	Ward 307	Mrs. Tamilselvi ANS
2.30 – 3.00 pm	Nursing	Puppet show- Improve effective communication	Staff nurse, students	Ward 307	Mrs. Subashree ANS
3.00 – 3.30 pm	Nursing	Group discussion- Improve safety of high alert medication	Staff nurse	Ward 307	Mrs.Anitha ANS

17th September 2026

Time	**Department**	**Activity**	**Target Participants**	**Venue**	**Faculty In-charge**
9.00 – 10.00 am	Paediatrics	Skit: The Safety Squad – Speak Up for Safe Care A short, engaging	Pediatric patients & attenders	Hospital courtyard (opposite to paediatric OPD)	Dr. Shanmugam

		dramatization presenting everyday child-safety situations and the importance of communication, awareness and prevention strategies.			
10:00 am	Orthopaedics	Orthopaedic patient discharge safety checklist – awareness & implementation	IP/OP patients & attenders	Male & Female Orthopaedics Ward	Dr. Balaji
10:00–11:00 am	Dentistry	Patient Safety Awareness	Patients	Dental OPD	Dr. Kiruthika Shriranjani
10:30–11:00 am	Dermatology (DVL)	Health Awareness Talk on Topical Steroid Abuse	Dermatology patients	Hospital courtyard (opposite to paediatric OPD)	Dr. P. Vijayasankar
11.00 – 12.00 noon	EMD	ER escape room	Staff nurse, AHS students	Hospital courtyard (opposite to paediatric OPD)	Dr. Nithyaraj
11:00 -11:30 am	Radio-diagnosis	Before the Magnet, Mention Your Metal! – MRI Safety Detective	Patients in Radiology Waiting Area	Radiology Demo Room	Dr. Abdul
02:00 -04:00 pm	General Medicine	Insulin Safety Awareness among Nursing Staff – Analysis of Sustainability	Nursing Staff	Male/Female Special Ward	Dr. N. Kawiraj / DNS / Ward In-charges
02:00 -04:00 pm	Infection prevention and control	Proper hand hygiene & BMW disposal contest	CRRI & PGs	Hospital courtyard (opposite to paediatric OPD)	Dr.Valentina.Y

18th September 2026

Time	Department	Activity	Target Participants	Venue	Faculty In-charge
09:00-01:00 pm	General Medicine	Know your scores and know your risk	Population with risk factors / Pre-diabetic	General Medicine OPD – Room 16	Dr. N. Kawiraj, Dr. Aaksh T. Ajith, Dr. Ragavi P.
10:00 am	Psychiatry	Patient Safety Through IEC – Psychiatry PG IEC Material Competition & Awareness Programme	General public	Psychiatry OPD	Dr. S. Arun
11:00 - 12:00 noon	General Surgery	Ask before you agree – Role play for surgical consenting	Patients & Public	Hospital courtyard (opposite to paediatric OPD)	Dr. Adithyan, Dr. Deepak, Dr. Prasanna
11:00–11:30 am	Radio-diagnosis	Contrast Safety: Tell Us Before We Inject – Pamphlet Distribution on Contraindications & Allergies	Patients in Radiology Waiting Area	Radiology Demo Room	Dr. Roshen
11:00-12:00 noon	Paediatrics	Mime: Stop • Check • Speak Up – Medication Safety A dialogue-free visual presentation conveying key medication-safety messages through relatable clinical situations.	Pediatric patients & attenders	Thiruvennainallur PHC	Dr. Ilanthirayan

02:00–04:00 pm	General Medicine	Insulin safety awareness among nursing staff – analysis of sustainability	Nursing staff	Male/Female Special Ward	Dr. N. Kawiraj / DNS / Ward In-charges
2.00 – 2.30 pm	Nursing	Demo- Ensure safe surgery	Staff nurse	Ward 307	Mrs. N. Bhuvaneshwari ANS
2.30 – 3.00 pm	Nursing	Quiz- Reduce the risk of HAI	Staff nurse	Ward 307	Mrs. Anitha ANS
3.00 – 3.30 pm	Nursing	Script- Reduce the risk of patient harm resulting from fall	Staff nurse	Ward 307	Mrs.Rajasekari ANS

INAUGURATION

Date: 15 September 2026

Time: 9:30 AM – 10:00 AM

Venue: Hospital courtyard, opposite paediatric OPD

Coordinated by: Department of Quality

Theme: "Safe care for non-communicable diseases"

Slogan: "Safe care for all!"

Inauguration of patient safety week celebration 2026

Sri Manakula Vinayagar Medical College and Hospital, Puducherry, inaugurated the patient safety week celebration 2026 on 15 September 2026 at the hospital courtyard. The programme was coordinated by the Quality Department as part of the hospital's patient safety awareness initiatives and in alignment with the NABH patient safety week celebration.

The inauguration commenced with the ceremonial lamp lighting, marking the beginning of the four-day celebration. The programme was organised around the theme "Safe care for non-communicable diseases" with the slogan "Safe care for all" highlighting the importance of safe, effective and patient-centred care.

The programme emphasised that patient safety is a shared responsibility across every level of healthcare delivery. It encouraged active participation from doctors, staff nurses, allied health professionals and other healthcare and support staff. It also focused on strengthening awareness, promoting safe practices, preventing potential risks and fostering a culture of continuous improvement in patient care.

The four-day celebration, held from 15 to 18 September 2026, witnessed the active participation of more than 13 clinical departments, with over 30 patient-safety-focused activities conducted across the institution. These included awareness programmes, educational sessions, role plays and emergency preparedness initiatives addressing key aspects of patient safety, risk prevention and safe healthcare practices.

The programme was successfully conducted through the coordinated efforts of the management, administrators, heads of the clinical departments, doctors, staff nurses, paramedical staffs and quality department. The programme marked the commencement of a series of institution-wide patient safety initiatives and reaffirmed SMVMCH's commitment to strengthening a culture of safety, continuous improvement and patient-centred care**.**

Through patient safety week 2026, SMVMCH continues to reinforce its commitment to its collective goal: "Safe care for all!"


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WEEK















Department of General Medicine

Programme	**:** Patient Safety Awareness Week 2026
Topic	: "Know Your Score and Know Your Risk" (Opportunistic Diabetes Risk Stratification)
Target Group	: General population
Number of Participants	**:** 80 Numbers

Program Summary

As part of Patient Safety Awareness Week 2026, the Department of General Medicine conducted an awareness programme titled "Know Your Score and Know Your Risk" – Opportunistic Diabetes Risk Stratification at the General Medicine OPD. The programme aimed to identify individuals at risk of diabetes through opportunistic screening and promote early risk assessment and preventive care. A total of 80 adults from the general population participated in the programme, including 41 males and 39 females. Participants were assessed using the MDRF-IDRS risk assessment tool based on age, abdominal obesity, physical activity and family history of diabetes. Anthropometric measurements including height, weight, and BMI and waist circumference were recorded as part of the assessment.

The screening identified 41 participants (51.25%) as high risk, 28 participants (35%) as medium risk, and 11 participants (13.75%) as low risk. High-risk participants were referred for further clinical evaluation and FBS/HbA1c testing, while medium-risk participants received structured lifestyle and dietary counselling. Low-risk participants received primary prevention counselling. A significant observation was the presence of increased waist circumference among high-risk participants, with a mean waist circumference of 100.85 cm, highlighting the importance of abdominal obesity assessment in diabetes risk screening.

The activity demonstrated the importance of early identification of metabolic risk, timely referral and preventive counselling in promoting patient safety. The programme also highlighted the value of opportunistic screening of patients and accompanying attenders in the hospital OPD setting. Overall, the activity was successfully conducted with active participation and contributed to strengthening awareness regarding diabetes risk, lifestyle modification and preventive healthcare practices.

Patient Safety Impact

- Elimination of Diagnostic Delay: Actionable metabolic risk was proactively uncovered in 86.25% (n = 69) of participants well before the emergence of symptomatic micro- or macro-vascular end-organ damage, closing a critical diagnostic safety gap.

- Proactive Clinical Safety Mitigation: Stratifying metabolic risk prior to procedural interventions or unrelated pharmacological therapies minimizes the hazard of unmonitored glycemic instability, impaired wound healing, altered drug clearance, and hospital-acquired metabolic decompensation.
- Expansion of Hospital Safety Perimeter: By actively screening accompanying relatives, the hospital expanded its safety envelope into the community, capturing actionable risk in 68.42% (13/19) of otherwise unscreened, healthy-appearing attenders.
- Zero-Cost, Scalable Quality Benchmark: The program proved that a non-invasive, 4-parameter tool can be seamlessly executed in high-volume outpatient lounges to yield high-impact clinical triaging without adding laboratory expenses or prolonging patient waiting times.







Department of General Surgery

Date: 21.09.26

REPORT ON PRE-OPERATIVE PATIENT SAFETY CHECKLIST AWARENESS PROGRAM

Theme: “self care for life” (16–18 September 2026)

PROGRAM TITLE

Pre-Operative Patient Safety Checklist – Awareness and Implementation Program

Date, venue & organization

Date: 16 September 2026

Venue: Lecture Hall 6, College Block, Sri Manakula Vinayagar Medical College and Hospital, Puducherry.

Organized By: Department of General Surgery, Sri Manakula Vinayagar Medical College and Hospital, Puducherry

Objectives

Standardization: To reinforce the mandatory use of the pre-operative safety checklist across surgical wards and pre-operative holding areas.

Risk Reduction: To identify and mitigate peri-operative risks early in surgical candidates.

Patient Identity & Consent Verification: To eliminate errors related to patient identity, procedure type, consent, and surgical site marking.

Special Risk Management: To educate healthcare teams on managing high-risk factors including airway difficulty, blood loss expectations, and NCD co-morbidities.

Inter-professional Communication: To strengthen real-time communication between general surgeons, anaesthesiologists, and nursing personnel before surgical induction.

Program structure & activities conducted

Keynote Presentation: Detailed overview of the Surgical Safety Checklist protocol (Sign In / Before Induction phase).

Interactive Workshop: Walkthrough of real-life case scenarios illustrating critical pre-operative verification steps.

Multilingual Materials: Distribution of standardized checklist templates and visual posters in English and Tamil for display in all surgical wards.

Q&A Session: Dedicated feedback and doubt clarification for postgraduate residents, nursing staff, and intern doctors.

Key components of the pre-operative patient safety checklist

- Patient Verification & Consent

Confirmation of patient identity using unique hospital identification details.

Verification of signed, informed consent for the specific planned surgical procedure.

- Surgical Site Identification

Verification of surgical site marking by the surgical team for lateralized operations.

- Anesthetic & Airway Evaluation

Assessment for known difficult airway or aspiration risks.

Verification of functional anesthetic equipment and pulse oximetry monitoring.

- Allergy & Medical Risk Checks

Documenting known drug or material allergies (e.g., latex, antibiotics).

Review of co-morbid non-communicable diseases (hypertension, diabetes mellitus) and medication administration (e.g., stopping blood thinners, timing of insulin).

- Blood Loss & Fluid Preparation

Risk assessment for anticipated blood loss (>500 mL in adults).

Confirmation of adequate IV access and cross-matched blood availability.

Key findings & discussion highlights

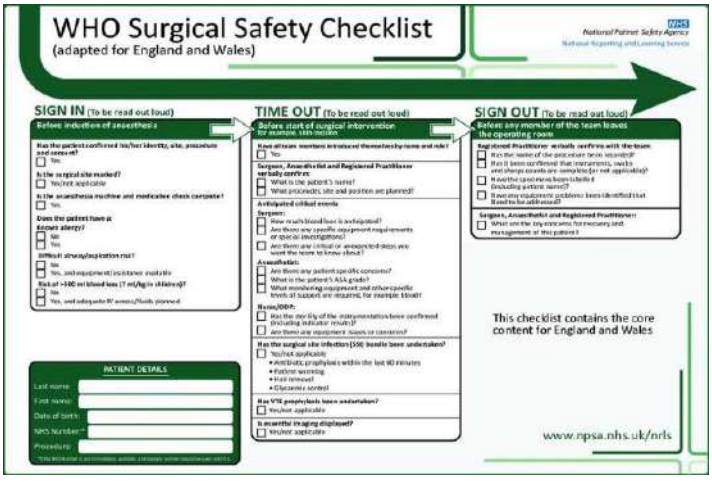
High-Risk NCD

Management: Patients with uncontrolled diabetes or hypertension require strict pre-operative blood glucose and blood pressure control to avoid intra-operative complications and surgical site infections.

Communication Gaps: Standardizing checklist usage ensures that critical information is communicated directly between ward nurses, surgical residents, and anesthesiologists.

Teach-Back & Verification: Verbal confirmation of procedure details directly with conscious patients prior to premedication significantly reduces anxiety and prevents misidentification.

Visual reference

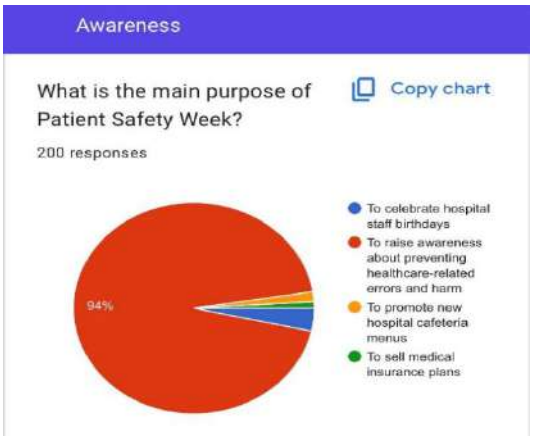


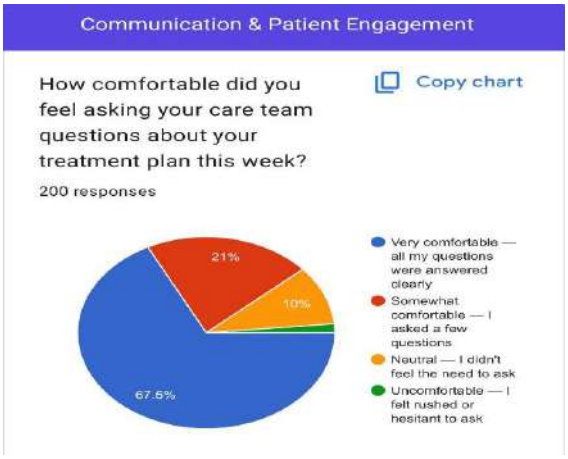
.**Impact & key takeaways**

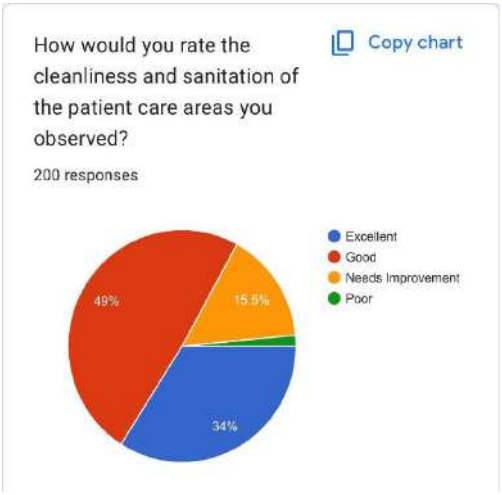
Enhanced Safety Culture: Promoted a unified approach to patient safety among resident doctors, nurses, and medical students.

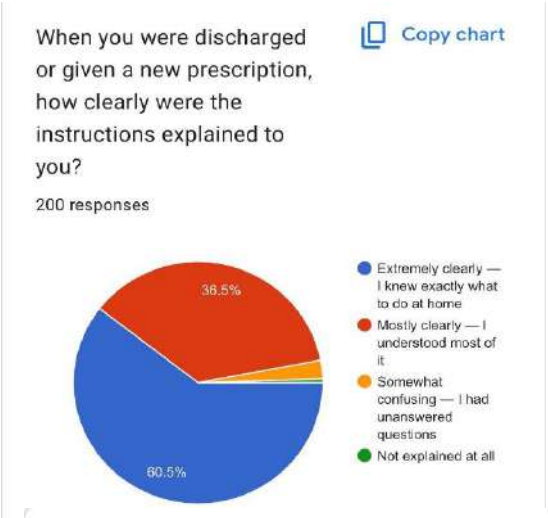
Strict Checklist Compliance: Re-emphasized that no surgical patient should proceed to the operating room without a fully documented and signed pre-operative safety checklist.

Improved Surgical Outcomes: Better pre-operative verification directly leads to reduced surgical site complications and smoother peri-operative recovery.

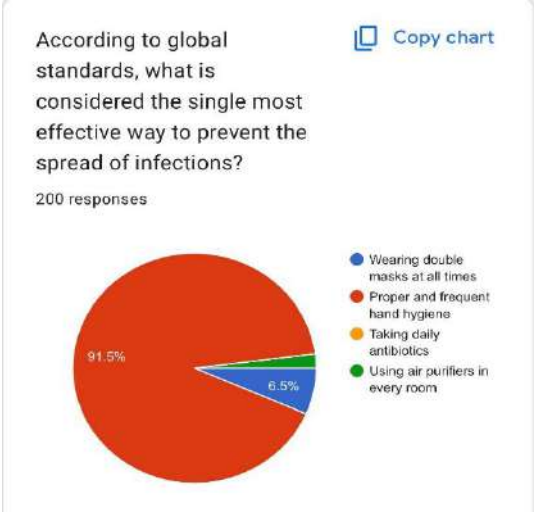













EMERGENCY EXIT
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DEPARTMENT OF GENERAL SURGERY CELEBRATES
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Villianur Taluk, Puducherry, Puducherry 605107, India
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CELEBRATES
PATIENT SAFETY WEEK SEPT 15-18TH 2026
Self care for life
SMVMCH 20
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Department of Respiratory Medicine

PATIENT SAFETY WEEK CELEBRATION 2026

REPORT ON INHALER TECHNIQUE AND REHABILITATION AWARENESS PROGRAM

Theme: "Safe care for non-communicable diseases" | 15–18 September 2026

Program Title

Inhaler technique and Rehabilitation – Awareness Program

Objectives

- To improve patient and caregiver awareness regarding common chronic respiratory diseases (Bronchial Asthma / COPD)
- To educate patients regarding disease nature, early symptom recognition, and the chronic course of respiratory conditions.
- To emphasize the importance of regular follow-up, disease evaluation, and strict adherence to prescribed treatments.
- To demonstrate and reinforce correct inhaler technique and eliminate common errors associated with device usage.
- To introduce engaging interactive breathing exercises to promote respiratory muscle strengthening and breath control.
- To educate patients regarding the role of chest physiotherapy and airway clearance techniques where applicable.
- To recognize emergency warning signs and prevention of acute disease exacerbations.
- To encourage patients and caregivers to ask questions and actively participate in their own self-care and safety.

Activities Conducted

- Awareness sessions were conducted in the male / female wards.
- Awareness Session on COPD and Bronchial Asthma: Educational talk conducted for patients and attendants regarding disease understanding, symptom management.
- Demonstration of Correct Inhaler Technique: Practical demonstration conducted by the Respiratory Therapist on step-by-step inhaler administration and common user errors to avoid.
- Interactive Breathing Exercise – Balloon Blowing Activity: Patient engagement activity where participants practiced controlled breathing by inflating balloons, with top performers recognized with prizes.
- Interactive Breathing Exercise – Candle Blowing Activity: Controlled expiratory exercise activity using candles placed at specified distances to demonstrate sustained expiratory effort.

- Education on Breathing Exercises and Chest Physiotherapy: Session delivered by the Head of the Department explaining airway clearance, breathing techniques, and respiratory rehabilitation.
- Interactive Q&A Session: Patients and caregivers were encouraged to clarify doubts regarding medications, inhaler usage, physical activity, and home-based care.

Key Points Covered

- Clear understanding of Asthma, COPD, or other chronic lung conditions.
- Inhaler Device & Technique – specific device type, preparation, coordination, inspiratory effort, and breath-holding technique.
- Post-inhalation mouth rinsing instructions where corticosteroid devices are used.
- Medication Adherence – distinction between controller/maintenance medications and rescue/reliever inhalers.
- Breathing Exercises – technique and frequency were demonstrated.
- Airway Clearance & Physiotherapy – chest physiotherapy instructions, positioning, and effective coughing techniques where indicated.
- Trigger Avoidance – identification and prevention of environmental allergens, smoke, dust, and weather extremes.
- Action Plan & Exacerbation Prevention – clear guidance on recognizing worsening symptoms early.
- Follow-up Schedule – date, time, and outpatient location for routine evaluation.
- Emergency Warning Signs – clear instructions on when to seek immediate medical intervention.

Patient Understanding / Teach-Back Component

The awareness program emphasized patient comprehension before discharge or outpatient completion. Patients and caregivers were encouraged to state or demonstrate, in their own words/actions:

What lung condition they are being treated for.

Which inhaler is for daily maintenance and which is for quick relief.

Demonstration of proper inhaler technique (actuation, inhalation speed, and breath hold).

How to perform prescribed breathing or airway clearance exercises at home.

When their next follow-up appointment is scheduled.

Which red-flag symptoms require urgent medical evaluation.

Emergency Warning Signs Explained

- Severe or rapidly worsening breathlessness not relieved by rescue medication.
- Inability to speak in full sentences due to breathlessness.
- Chest pain, tightness, or pressure.

- Sudden drop in oxygen saturation levels (if monitored at home).
- High fever accompanied by increased cough or altered sputum color/volume.
- Wheezing or stridor.
- Sudden confusion, drowsiness, or extreme fatigue.

Outcome / Impact

The program provided an opportunity for direct communication, practical demonstration, and interactive patient participation across outpatient and inpatient settings. The combination of structured talks, practical inhaler technique demonstrations, and engaging breathing exercises helped reinforce key messages regarding early evaluation, treatment adherence, proper technique, and airway clearance. The initiative fostered active patient engagement, empowering patients and caregivers to become proactive partners in safe respiratory self-management












celebration 2026




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Department of Obstetrics and Gynaecology

Type of the event: Health Awareness Programme

Event name: GDM Awareness Day – Patient Safety Week Celebration 2026

Date: 15.09.2026

Time: 10.00 AM – 1.00 PM



A GDM Awareness Day programme was conducted on 15.09.2026 from 10.00 AM to 1.00 PM at the hospital courtyard of Sri Manakula Vinayagar Medical College and Hospital as part of the Patient Safety Week Celebration 2026.The programme was organized by the Department of Obstetrics and Gynaecology with the theme, “Promoting timely screening and healthy habits to safeguard fetomaternal health.” The programme focused on creating awareness regarding gestational diabetes mellitus (GDM), the importance of timely screening, healthy dietary practices and measures that support safe maternal and fetal health.

An interactive diabetic diet display stall was arranged to demonstrate appropriate food choices and healthy dietary practices. Student volunteers explained the displayed food items and interacted with patients and visitors to promote practical awareness regarding nutrition during pregnancy.

A role-play awareness activity was also conducted to communicate key messages related to prevention, screening and protection from complications associated with GDM. The activities encouraged interaction between the student volunteers and the public and provided an opportunity for attendees to clarify their doubts. The programme highlighted the importance of awareness, timely screening, healthy habits and appropriate support in promoting safer pregnancy outcomes. The event was conducted in an engaging and educational manner and received participation from patients and hospital visitors.

Key activities

- GDM awareness and patient-safety education
- Diabetic diet display stall
- Interactive explanation of healthy food choices
- Role-play awareness activity
- Interaction and doubt clarification with patients and visitors







Department of Paediatrics

Nature of the Program: Offline

Date: 15.09.2026 to 18.09.2026

Participants

- **Attendees:** Postgraduates, Interns, Undergraduates, Patients and Attenders, General public
- **Faculties:** 100

Organizing Team

- Dr. Arulkumaran. A (Professor), Dr. Shanmugam. S (Assistant Professor)**,** Dr. Aishwarya. T (Senior Resident), Dr. Ilanthirayan. S (Senior Resident)
- **Topics Covered:** Safe patient practices & risk avoidance, paediatric medication safety, caregiver empowerment & communication, visual & experiential health education, institutional & community outreach

Event Summary

The Department of Paediatrics celebrated Patient Safety Week from 15th to 18th September 2026. Guided by the theme ***"Safe care for non-communicable diseases"*** and the slogan ***'Safe care for life!',*** the four-day initiative aimed to engage paediatric patients and attenders in active safety awareness through creative, hands-on learning.

Event Details

Day 1: Red Light – Green Light: Patient Safety

- **Date & Time:** 15.09.2026 | 10:30 AM – 11:30 AM
- **Host:** Dr. Aishwarya. T (Senior Resident)
- **Participants:** Paediatric IP/OP patients & attenders
- **Venue:** Paediatric Ward, 3rd Floor

This interactive activity reinforced safe healthcare behaviours among paediatric patients and families through simple, engaging scenarios. Participants distinguished correct practices from risky actions using traffic-light visual cues, promoting infection control, fall prevention, and overall safety adherence in an enjoyable, child-friendly ward environment. As a token of appreciation, gifts were distributed to motivate participants and reinforce active engagement throughout the event.





Day 2: Mystery Medicine Box

- **Date & Time:** 16.09.2026 | 10:30 AM – 11:30 AM
- **Host:** Dr. Aishwarya. T (Senior Resident)
- **Participants:** Paediatric IP/OP patients & attenders
- **Venue:** Paediatric Ward, 3rd Floor

Organized as a hands-on awareness session, this event guided paediatric patients and caregivers through practical identification of medication-safety risks. Attendees learned critical vigilance skills, including cross-checking labels, expiry dates, and proper dosages, demystifying paediatric drug administration while empowering families to prevent accidental home-care medication errors. As a token of appreciation, gifts were distributed to motivate participants and reinforce active engagement throughout the event.





Day 3: Skit – The Safety Squad: Speak Up for Safe Care

- **Date & Time:** 17.09.2026 | 09:00 AM – 10:00 AM
- **Host:** Dr. Shanmugam. S (Assistant Professor)
- **Participants:** Interns

- **Venue:** Hospital Courtyard

An engaging, short dramatization was presented in the courtyard depicting common child-safety hazards and clinical care scenarios. The skit highlighted proactive communication, encouraging parents and attenders to openly ask questions, voice concerns, and actively partner with healthcare staff to prevent adverse events.

Day 4: Mime – "Nurturing Safe Environments: Everyday Child Safety at Home and Beyond"

- **Date & Time:** 18.09.2026 | 11:00 AM – 12:00 PM
- **Host:** Dr. Ilanthirayan. S (Senior Resident)
- **Participants:** Undergraduates
- **Venue:** Hospital Courtyard

A dialogue-free visual performance vividly conveyed essential child safety protocols was presented in the courtyard by the undergraduate students. Through dialogue-free visual storytelling, paediatric patients and attenders learned practical strategies to identify domestic hazards, prevent common injuries, and foster protective community spaces.





Department of Orthopaedics

PATIENT SAFETY WEEK CELEBRATION 2026 – REPORT

Day – 1 (16.09.2026)

EVENT: 1 – PREVENT FALLS – PROTECT YOUR INDEPENDENCE

The Department of Orthopaedics conducted an awareness programme on **"Prevent Falls – Protect Your Independence" on 16.09.2026** as part of the **Patient Safety Week Celebration 2026**.

The programme was inaugurated by our Medical Superintendent, Dr. M. Pragash, and Dr. P. Sathyanarayanan, Assistant Professor, Department of Orthopaedics.

The programme aimed to create awareness among patients, elderly individuals, and the general public regarding the importance of fall prevention and its role in maintaining independence and quality of life. The participants were educated about common risk factors for falls, including poor balance, muscle weakness, visual impairment, unsafe footwear, medication-related dizziness, and environmental hazards.

Our faculty and healthcare team emphasized simple preventive measures such as maintaining a safe and clutter-free home environment, using adequate lighting, installing handrails and grab bars where necessary, wearing The awareness programme was organized and conducted by Dr. P. Sathyanarayanan, Assistant Professor and Dr. Hemnath, Senior Resident, Department of Orthopaedics, with active participation from the department staff. The programme provided an opportunity to educate the public about fall prevention and the importance of maintaining mobility, safety, and independence, particularly among elderly individuals.We express our sincere gratitude to the management, medical and nursing staff, faculty members, patients, and all participants for their valuable support and contribution towards making the Patient Safety Week 2026 awareness programme a successful and meaningful event.









Patient Safety
Safer Care
Brighter Tomorrow

Sri MANAKULA VINAYAGAR
Medical College and Hospital
(An Autonomous Institution)
Kalitheerthalkuppam, Puducherry - 605 107

NABH
H-2020-0955
Agt. 05, 2028 - Apr 14, 2030
Since: April 15, 2022

DEPARTMENT OF ORTHOPAEDICS

PATIENT SAFETY WEEK CELEBRATION 2026

15 – 18 SEPTEMBER 2026

Theme: 'Safe care for non-communicable diseases'

Slogan: 'Safe care for life'

Safe Patients Happy Tomorrows

STRONG BONES BRIGHTER DAYS

PREVENT FALLS – PROTECT YOUR INDEPENDENCE

FALL PREVENTION AWARENESS CAMPAIGN AND DEMONSTRATION

Healthy Bones Happier Tomorrows

A simple fall can change a life – but most falls can be prevented.

WHY ARE FALLS IMPORTANT?

- Hip fractures
- Wrist fractures
- Spine fractures
- Head injuries
- Loss of mobility and independence

COMMON CAUSES OF FALLS

- Poor balance and muscle weakness
- Weak bones / osteoporosis
- Poor vision
- Unsafe home environment
- Medicines or health conditions

MAKE YOUR HOME FALL-SAFE

- Keep floors dry and clutter-free.
- Remove loose rugs and obstacles.
- Ensure good lighting, especially at night.
- Use non-slip mats and bathroom grab bars if needed.
- Use handrails on stairs.

WALK SAFELY

- Wear comfortable, well-fitting, non-slip footwear.
- Use a walking stick or walker correctly when advised.
- Walk slowly and avoid rushing.
- Make sure you are steady before making after standing.

SIMPLE DAILY EXERCISES

Do squats | Heel raises | Toe raises | Side-leg raises (2 per leg) | Tandem walking | Gentle stretching

PROTECT YOUR BONES

- Adequate calcium and vitamin D intake
- Get regular sunlight exposure
- Eat nutritious food
- Maintain good muscle strength
- Review medications with your doctor (if required)

5 GOLDEN RULES FOR FALL PREVENTION

1. Exercise daily to improve strength and balance.
2. Keep your home free of fall hazards.
3. Monitor vision, bones and medicines, and have regular check-ups.
4. Use appropriate footwear and walking aids when needed.
5. Stay regular with exercise and medication reviews.

If you have dizziness, unsteadiness or repeated falls, tell your doctor.

"TAKE SAFE STEPS TODAY... STAY INDEPENDENT TOMORROW."

For assistance, please speak to our Orthopaedics OPD team.

Together for Safer Care

In association with: Department of Quality

Day – 2 (17.09.2026)

REPORT ON ORTHOPAEDIC PATIENT DISCHARGE SAFETY CHECKLIST AWARENESS PROGRAM

Theme: "Safe care for non-communicable diseases"15–18 September 2026

Program Title

Event 2: Ortho Patient Discharge Safety Checklist – Awareness Program

Objectives

- To improve patient and caregiver understanding of orthopaedic discharge instructions.
- To reinforce safe practices after discharge and reduce avoidable complications.
- To ensure patients understand the operated side, weight-bearing status and appropriate walking aid.
- To educate patients regarding wound and dressing care, medications and VTE prophylaxis where applicable.
- To reinforce physiotherapy, home exercises, activity restrictions and precautions.
- To improve awareness regarding follow-up dates and locations.
- To help patients recognize emergency warning signs and seek urgent medical attention appropriately.
- To encourage patients and caregivers to ask questions and actively participate in their own safety.

Activities Conducted

- Awareness sessions were conducted in the male ward & female ward.
- A separate awareness activity was conducted for patients attending orthopaedic OPD for follow-up.
- An awareness speech was delivered explaining the importance of safe discharge and patient understanding.
- Patient-friendly discharge safety checklist pamphlets were distributed in both Tamil and English.
- Patients and caregivers were encouraged to clarify doubts regarding treatment, medications, mobility and follow-up care.

Key Points Covered in the Discharge Safety Checklist

- Operated side – right / left / both / not applicable.
- Weight-bearing status – NWB / PWB / WBAT, as advised by the treating team.
- Walking aid – walker / crutches / stick / wheelchair / none.
- Wound and dressing care – instructions explained to the patient/caregiver.
- Medications – name, dose and duration explained.
- VTE prophylaxis – drug, duration and precautions explained where indicated.
- Physiotherapy and home exercises – instructions explained.
- Activity restrictions and precautions – explained according to the procedure and clinical condition.

- Follow-up date and location – clearly communicated.
- Emergency warning signs – explained so that patients know when to seek urgent help.

Patient Understanding / Teach-Back Component

The awareness program emphasized patient understanding before leaving the hospital. Patients were encouraged to be able to state, in their own words:

- What surgery or procedure they had undergone.
- Which limb was operated upon?
- How much weight they are allowed to put on the operated limb.
- Which medicines they need to take and for how long.
- When and where their next follow-up is scheduled.
- Which symptoms should prompt urgent medical attention?

Emergency Warning Signs Explained

- Severe or increasing pain.
- Excessive bleeding.
- Fever.
- Pus or foul-smelling discharge from the wound.
- Increasing swelling or redness.
- Sudden breathlessness or chest pain.
- New numbness or weakness.
- Cold, pale or blue discoloration of the limb.

Educational Materials

Printed awareness pamphlets were prepared and distributed in Tamil and English to improve accessibility and reinforce the information provided during the awareness speech. The discharge safety checklist poster was used as the visual educational material for the program.



Outcome / Impact

The program provided an opportunity to directly communicate discharge safety instructions to orthopaedic patients and caregivers across inpatient wards and the OPD follow-up setting. The use of simple checklist-based explanations and bilingual pamphlets helped reinforce key instructions related to mobility, wound care, medications, rehabilitation, follow-up and recognition of warning signs. The program also promoted active patient participation by encouraging questions and confirmation of understanding.






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Department of Dentistry

Date: 16 & 17 September 2026

Time: 10:00 AM to 12:00 PM

Venue: Dental OPD

Objectives

- To promote awareness of patient safety among department staff and patients.
- To encourage identification and understanding of potential clinical hazards in the dental environment.
- To create awareness regarding common dental health myths through patient education.
- To promote safe practices and strengthen patient-safety awareness through interactive activities.

Activities Conducted

- The activities were designed to promote practical awareness of patient safety and hazard identification through an interactive format.
- Day 1 – "HAZARDENT": A treasure-hunt-style activity was conducted on 16 September 2026 for department faculty and staff to identify potential hazards strategically placed within the dental department. The activity encouraged everyone to actively observe, identify and understand safety risks in the clinical environment. The winning team was felicitated with prizes at the end of the event.
- Day 2 – "Myth-Busting Spinning Wheel": A Myth-Busting Spinning Wheel designed for patient education was inaugurated by the respected Director. The activity was followed by an interactive demonstration for patients, helping to create awareness and bust common myths related to dental health, followed by distribution of dental kits to the patients.

Key Areas Covered

- Patient safety awareness in the dental clinical environment.
- Identification and understanding of potential clinical hazards.
- Awareness regarding common dental health myths.
- Patient education through interactive activities.
- Promotion of safe clinical practices and oral health awareness.

Programme Details and Participation

The Patient Safety Week Celebration 2026 was conducted on 16 and 17 September 2026 from 10:00 AM to 12:00 PM at the Dental OPD. Faculty, staff nurses and attenders of the Department of Dentistry participated in the activities. Patients were also engaged during the patient-education activity on Day 2.

Programme Theme

The programme included interactive activities focusing on hazard identification, patient safety awareness and dental health education. The Myth-Busting Spinning Wheel was used as an engaging patient-education activity to address common misconceptions related to dental health



Outcome The programme successfully enhanced patient safety awareness, hazard identification, and oral health education among staff and patients through interactive activities. The activities encouraged active participation and reinforced the importance of maintaining a safe clinical environment.












PATIENT SAFETY WEEK CELEBRATION 2026



REPORT ON ER ESCAPE ROOM

Program Title	ER Escape Room – Patient Safety Week 2026
Organized By	Department of Emergency Medicine
Date	17 September 2026
Time	11:00 AM to 12:00 PM
Venue	Hospital Courtyard
Participants	25 participants – Final Year UG students and Allied Health Sciences internship students

Objectives

- To promote awareness of key patient-safety practices through an interactive learning activity.
- To reinforce knowledge regarding biomedical waste management and appropriate waste segregation.
- To familiarize participants with commonly used emergency drugs and emergency instruments.
- To reinforce the principles and sequence of proper hand hygiene.
- To introduce and reinforce the concept of ESI (Emergency Severity Index) triaging.
- To encourage teamwork, problem-solving and effective communication in an emergency-care setting.

Participants

A total of 25 participants took part in the ER Escape Room. The participants comprised final-year undergraduate (UG) students and Allied Health Sciences internship students.

Activities Conducted

The ER Escape Room was conducted as a time-bound, interactive learning activity. Participants worked through different stations/challenges and used the clues and tasks provided to progress through the game. The activity focused on the following patient-safety and emergency-care areas:

- Biomedical waste management – identification, segregation and safe handling of biomedical waste.
- Emergency drugs – recognition and basic awareness of commonly used emergency medications.
- Emergency instruments – identification and familiarization with commonly used emergency-care instruments.
- Hand hygiene – awareness of the importance of hand hygiene and correct hand-washing practices.
- ESI triaging – understanding the basic principles of Emergency Severity Index-based triage and prioritization of patients.

Post-Game Briefing

Following completion of the ER Escape Room, a brief educational session on hand hygiene was conducted for all participants. The session reinforced the importance of appropriate hand hygiene as a fundamental component of infection prevention, safe patient care and patient safety.

Key Learning Areas

- Safe and appropriate biomedical waste segregation and management.
- Recognition and awareness of emergency drugs and their relevance in emergency care.
- Identification and appropriate familiarity with emergency instruments.
- Importance of hand hygiene in preventing healthcare-associated infections.
- Basic principles of ESI triage and prioritization of patients according to acuity.
- Importance of teamwork, communication and problem-solving in emergency care.

Outcome / Impact

The ER Escape Room provided an engaging and practical learning experience for the 25 participants. The game-based approach encouraged active participation and helped reinforce important concepts related to emergency care and patient safety. The post-game hand hygiene briefing further consolidated the infection-prevention message and emphasized the role of safe practices in quality patient care.





Day 2

Program Title	Mock Code Blue and Basic Life Support (BLS) Awareness Programme
Organized By	Department of Emergency Medicine
Date	16 September 2026
Time	02:00 PM to 03:00 PM
Venue	Hospital Courtyard
Participants	General public, hospital staff and students

Objectives

* To create awareness among the general public regarding cardiac arrest and the importance of immediate response.

* To demonstrate how an in-hospital Code Blue is activated and managed.

* To familiarize the audience with the coordinated response of the emergency and resuscitation team during a Code Blue.

* To demonstrate the basic steps of BLS and CPR.

* To educate the public regarding appropriate actions during an out-of-hospital cardiac arrest.

* To emphasize the importance of early recognition, calling for help, initiating CPR and early defibrillation.

* To promote confidence among members of the public in responding appropriately during a cardiac emergency.

Activities Conducted

* A mock Code Blue demonstration was conducted to explain the sequence of events following recognition of a cardiac arrest inside the hospital.

* The demonstration highlighted the process of recognizing an unresponsive patient, activating the Code Blue response and initiating resuscitation.

* The Emergency Medicine team demonstrated the coordinated approach to basic resuscitation during an in-hospital cardiac arrest.

* A BLS awareness and demonstration session was conducted for the general public.

* The participants were educated on recognizing an unresponsive person and identifying the need for immediate emergency assistance.

* The basic steps of CPR, including chest compressions and appropriate positioning, were demonstrated.

* The importance of early activation of emergency medical services and early defibrillation was explained.

* The audience was also educated on what to do when a cardiac arrest occurs in an out-of-hospital setting, with emphasis on immediate action rather than waiting for medical personnel to arrive.

Key Areas Covered

* Recognition of cardiac arrest.

* Activation of the in-hospital Code Blue system.

* Initial response to an in-hospital cardiac arrest.

* Role of the resuscitation team during a Code Blue.

* Basic Life Support and CPR.

* Importance of effective chest compressions.

* Calling for emergency medical assistance during an out-of-hospital cardiac arrest.

* Early initiation of CPR.

* Awareness regarding AED use and early defibrillation.

* Importance of prompt action during the first few minutes of cardiac arrest.



Programme Details and Participation

The programme was conducted on 16 September 2026 from 2:00 PM to 3:00 PM at the hospital courtyard as part of Patient Safety Week Celebration 2026.

The session was conducted by the Department of Emergency Medicine and was aimed at creating awareness among the general public, hospital staff and students regarding emergency response to cardiac arrest.

The interactive demonstration provided the audience with an opportunity to understand the difference between an in-hospital Code Blue response and the appropriate first-aid response to cardiac arrest in an out-of-hospital setting.



Educational Theme

The programme focused on the message that early recognition and immediate action can make a critical difference during cardiac arrest.

The demonstration was designed to make emergency response procedures understandable to members of the general public and to encourage them to initiate appropriate basic life-saving measures while awaiting professional medical assistance.

Outcome / Impact

The programme provided an opportunity to improve awareness regarding cardiac arrest and immediate emergency response among members of the public and the hospital community.

The mock Code Blue demonstration helped the audience understand how a coordinated resuscitation response takes place within the hospital. The BLS demonstration further reinforced the importance of recognizing cardiac arrest promptly, calling for help, starting CPR and facilitating early defibrillation when an AED is available.

The programme also aimed to improve public confidence in responding appropriately to a cardiac emergency occurring outside the hospital.



Department of Dermatology

Report on: Health Awareness Talk on Topical Steroid Abuse

Date: 17 September 2026

Time: 10:30 AM to 11:00 AM

Venue: Hospital Courtyard

Objectives

- To create awareness among patients regarding the appropriate and safe use of over-the-counter medications for skin, hair and nail problems.
- To educate patients about the potential problems associated with self-medication and inappropriate use of topical preparations.
- To discourage the use of previously prescribed or non-prescribed medications without appropriate medical advice.
- To counsel patients regarding dermatological complaints that require evaluation by a dermatologist.

Activities Conducted

- An awareness talk was delivered to patients and hospital attendees regarding the safe use of over-the-counter medications for common dermatological complaints.
- Patients were counselled regarding the risks of self-medication and the inappropriate use of topical preparations without a proper diagnosis.
- The session highlighted the importance of consulting a dermatologist rather than repeatedly using medications based on previous prescriptions or advice obtained from non-medical sources.
- Patients were educated regarding common skin, hair and nail problems for which dermatological consultation is recommended.
- Particular emphasis was placed on seeking medical advice for skin lesions that are persistent, recurrent, spreading, associated with significant itching or pain, or do not improve with initial measures.
- The importance of not using multiple topical preparations indiscriminately, especially when the cause of the skin problem is uncertain, was reinforced.

Key Areas Covered

- Awareness regarding over-the-counter medications.
- Problems associated with inappropriate self-medication.

- Risks of using topical medications without a confirmed diagnosis.
- Importance of appropriate diagnosis before treatment.
- Recognition of skin, hair and nail conditions requiring dermatological consultation.
- Avoidance of repeated use of previously prescribed medications without medical advice.
- Promotion of safe and responsible medication practices.
- Importance of dermatologist consultation as part of safe patient care.

The patient-safety message emphasized during the programme was:

“Don’t self-medicate. Know when to consult a dermatologist.”

Programme Details and Participation

A Total of around 40 patients and hospital visitors attended the event. The awareness talk was delivered by **Dr. P. Vijayasankar**, Associate Professor of Dermatology, Venereology, and Leprosy.

The programme was conducted in the presence of **Dr. K. Karthikeyan, Head of the Department of Dermatology**. The session provided an opportunity for direct patient counselling and interaction regarding safe medication practices and appropriate utilization of dermatological services.

Educational Material / Programme Theme

The programme focused on patient education regarding the safe use of over-the-counter medications and recognition of dermatological conditions requiring professional evaluation.

Outcome / Impact

Patients were counselled about the potential problems associated with indiscriminate use of topical and other over-the-counter medications and were encouraged to seek appropriate medical advice rather than relying on self-medication.

The programme also helped patients recognize the importance of consulting a dermatologist for persistent, recurrent, unexplained or worsening skin, hair and nail conditions.

The initiative reinforced the role of patient education in preventing inappropriate medication use, facilitating timely diagnosis and promoting safer dermatological care.





Department of Anaesthesiology

Report on Hand Wash Awareness Programme

Date / Time	16 September 2026 /10:30 AM to 11:30 AM
Venue	**Specialty OT Demo Room**
Participants	• OT Staff Nurses • OTAT Students (Operation Theatre and Anaesthesia Technology Students)

Objectives

The programme was organized with the following objectives:

- To create awareness about the importance of hand hygiene in patient safety.
- To reinforce the correct technique of hand washing.
- To educate participants on the appropriate occasions for hand hygiene.
- To prevent cross-infection and healthcare-associated infections.
- To promote consistent hand hygiene practices in the operation theatre environment.
- To encourage students and healthcare workers to follow standard infection-control practices.

Activities Conducted

The following activities were conducted during the programme:

- An introductory awareness session on the importance of hand hygiene.
- Demonstration of the correct hand-washing technique.
- Explanation of the different steps involved in effective hand washing.
- Demonstration and discussion on the appropriate use of soap and water and alcohol-based hand rub.
- Interactive discussion with OT staff nurses and OTAT students.
- Clarification of participants' questions regarding hand hygiene and infection prevention.
- Emphasis on maintaining hand hygiene before and after patient-care activities.

Key Areas Covered

The major areas covered during the session included:

- Importance of hand hygiene in patient safety.
- Role of hand hygiene in prevention of healthcare-associated infections.
- **Five Moments of Hand Hygiene**.
- Correct steps of hand washing.

- Appropriate duration of hand washing.
- Use of soap and running water.
- Proper use of alcohol-based hand rub.
- Hand hygiene before and after patient contact.
- Hand hygiene before aseptic procedures.
- Hand hygiene after exposure to body fluids.
- Hand hygiene after touching the patient and patient surroundings.
- Importance of maintaining clean hands while handling OT equipment and supplies.

Programme Details and Participation

The awareness programme was conducted on 16.09.2026 from 10:30 AM to 11:30 AM at the Specialty OT demo room. The programme was organized by the Department of Anaesthesiology.

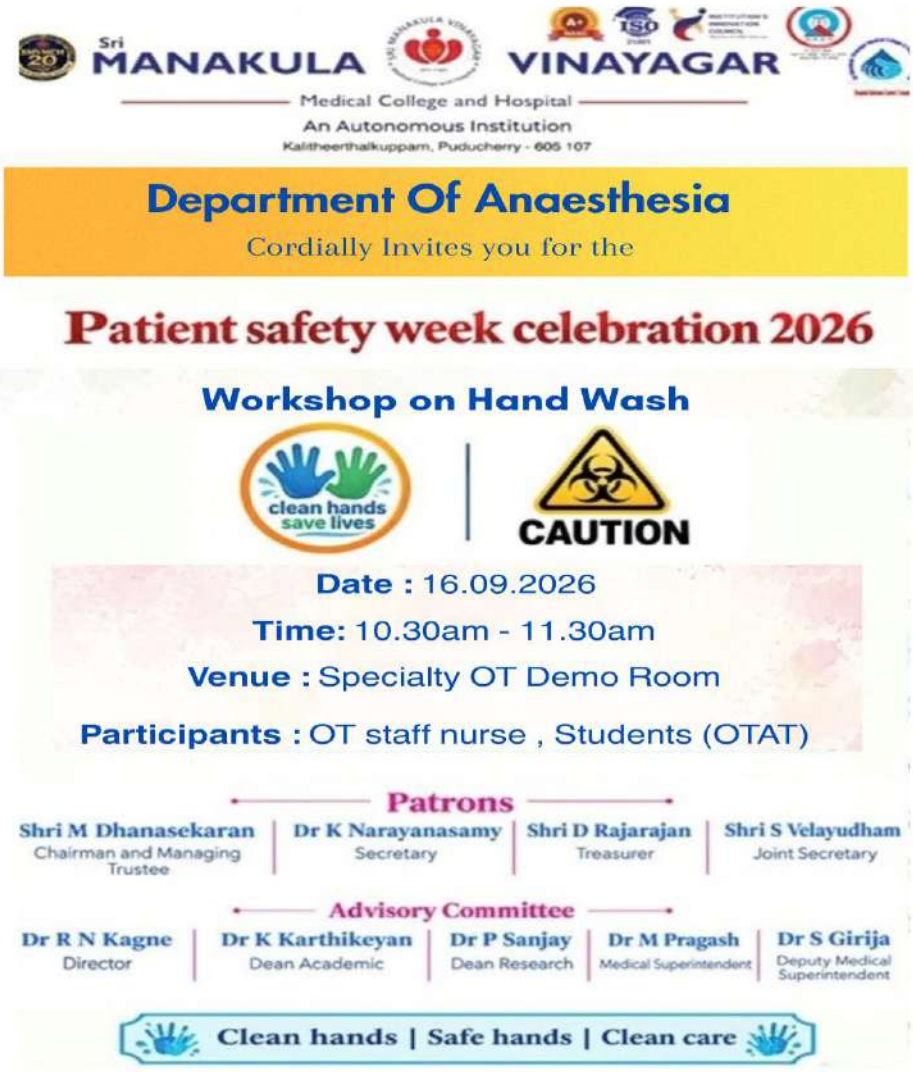
The session was attended by OT staff nurses and OTAT students. Participants actively engaged in the demonstration and interactive discussion. The practical demonstration helped participants understand and reinforce the correct technique of hand washing and the importance of regular hand hygiene in the Operation Theatre.

Educational Material / Programme Theme

The educational session focused on the theme:

“Clean Hands – Safe Care – Safe Patients”

Educational information regarding hand hygiene, infection prevention, correct hand-washing steps, and the Five Moments of Hand Hygiene was shared with the participants. Practical demonstration was used to strengthen understanding and encourage correct implementation in the clinical setting.



Outcome / Impact

The programme successfully created awareness among OT staff nurses and OTAT students regarding the importance of hand hygiene in maintaining patient safety.

The participants gained better understanding of:

- Correct hand-washing procedures.
- Appropriate moments for hand hygiene.
- The role of hand hygiene in preventing infection transmission.
- The importance of consistent hand hygiene practices in the OT environment.

The interactive nature of the programme encouraged participants to adopt and reinforce proper hand hygiene practices during patient care.


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Infection Prevention and Control Committee

REPORT ON HAND HYGIENE AND BIOMEDICAL WASTE MANAGEMENT AWARENESS PROGRAM

Program Title

Hand Hygiene and Biomedical Waste Management Awareness Program

Conducted By

Organizing Committee	Infection Prevention and Control Committee
Date / Time	17 September 2026 / 2:00 PM to 4:00 PM
Venue	Hospital Courtyard
Participants	CRRIs and Postgraduates – approximately 40 participants

Objectives

- To reinforce awareness regarding the importance of hand hygiene in preventing healthcare-associated infections.
- To promote appropriate hand hygiene practices as an essential component of safe patient care.
- To create awareness regarding safe biomedical waste management and responsible handling of biomedical waste.
- To reinforce the importance of clean hands and safe waste practices in maintaining a safe healthcare environment.
- To encourage CRRIs and postgraduates to incorporate appropriate infection prevention practices into routine clinical care.

Activities Conducted

- The activities were designed to reinforce practical understanding of hand hygiene steps and correct biomedical waste segregation through an interactive and time-bound format.
- An introductory quiz program was conducted for all participants who attended the awareness programme, through A Google Form link which was shared through a QR code, and participants were asked to answer 10 questions on hand hygiene and 10 questions on biomedical waste management.
- After completing the quiz, participants were allotted an activity in which they could participate either in the hand hygiene pin board/magnetic board activity or in the biomedical waste segregation activity.
- In the biomedical waste management activity, participants were given 30 seconds to sort 10 biomedical waste items into the appropriate five colour-coded bins.
- In the hand hygiene activity, participants were given 30 seconds to correctly reorder the steps of hand washing using a pin board/magnetic board method.

Key Areas Covered

- Importance of hand hygiene in safe healthcare delivery.
- Hand hygiene awareness and the message of maintaining clean hands for safer care.
- Awareness regarding biomedical waste management and safe handling practices.
- Importance of infection prevention and control measures in protecting patients and healthcare workers.
- Promotion of the patient-safety message: “Clean hands | Safe hands | Clean care.”

Programme Details and Participation

The awareness programme was conducted on 17 September 2026 from 2:00 PM to 4:00 PM at the hospital courtyard. The brochure identified CRRIs and postgraduates as the intended participants. Approximately 40 participants attended the programme.

Educational Material / Programme Theme

The programme brochure highlighted the themes of hand hygiene and biomedical waste management awareness under Patient Safety Week Celebration 2026. The visual messages included “Clean hands | Save lives” and “Clean hands | Safe hands | Clean care,” along with a biomedical hazard symbol to emphasize safe healthcare practices.

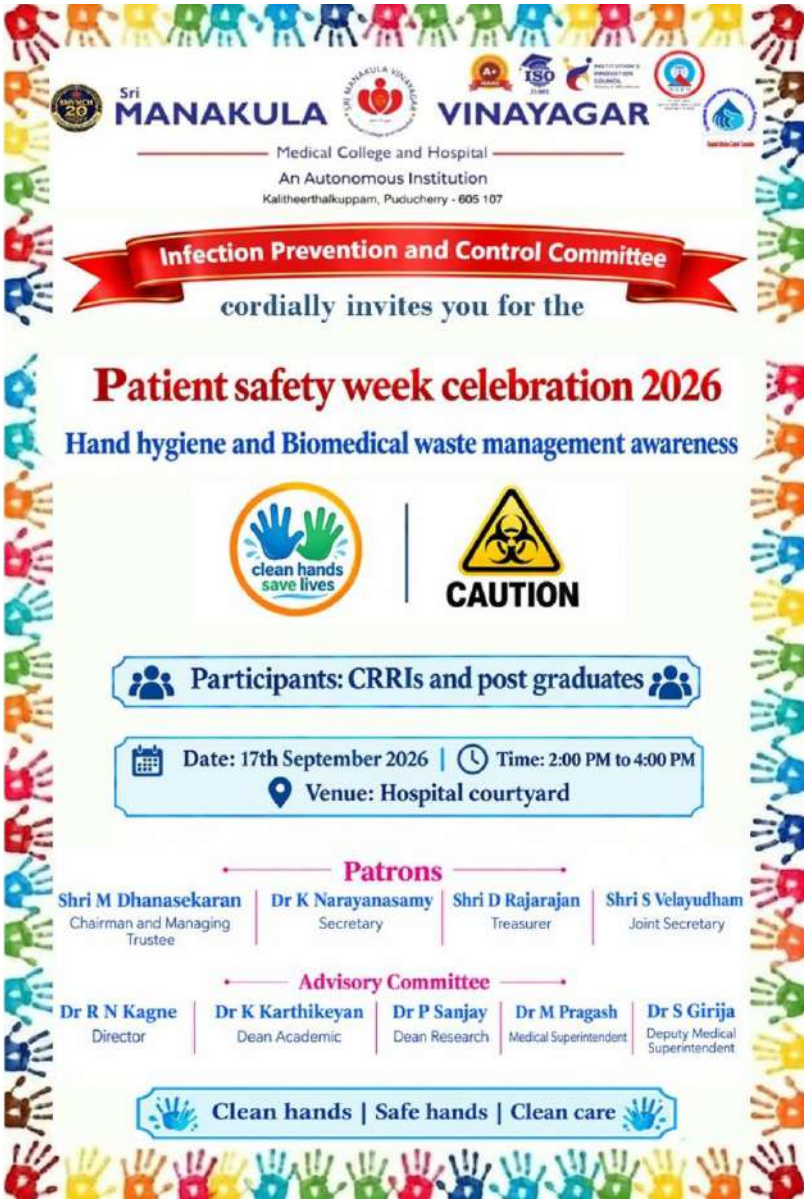


Figure 1. Patient Safety Week 2026 – Hand Hygiene and Biomedical Waste Management Awareness Programme brochure

Outcome / Impact

The programme provided an opportunity to reinforce patient-safety awareness among CRRIs and postgraduates, with specific emphasis on hand hygiene and biomedical waste management. The participation of approximately 40 healthcare trainees supported dissemination of the key messages of clean hands, safe hands and clean care. The programme also highlighted the role of appropriate biomedical waste management as part of infection prevention and safe healthcare delivery.




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Organizing Committee Nursing Department

Date / Time 16/9/26 - 2.30PM To 4PM, 18/9/26 - 2.30PM To 4PM

Venue : FMW - 307

Participants: staff, student, attender (60 participants)

Objectives:

1. Correctly identify patient before providing any treatment or procedure.
2. Prevent medication errors by following the rights of medication administration.
3. Improve communication between Nurses, doctors, patients and caregivers.
4. Prevent infections through proper hand hygiene and infection-control practices.
5. Prevent Patient falls and injuries by identifying high risk patients and taking precautions.
6. Ensure safe clinical procedures by following approved protocols and checklists.
7. Provide accurate Handover to ensure continuity of care.
8. Recognize and Report patient deterioration promptly.
9. Maintain accurate Nursing documentation and Records.
10. Encourage Patient and family participation in safe care.

Activities Conducted:

• **Goal 1: Identifying the patient correctly** – [Video Presentation]

• **Goal 2: Improve Effective communication** – [PUPPET SHOW]

• **Goal 3: Ensure a safety of High alert Medication** – [GROUP DISCUSSION]

• **Goal 4: Ensure safe surgery** – [DEMONSTRATION PRESENTATION]

This is for informational purposes only. For medical advice or diagnosis, consult a professional. AI responses may include mistakes. Page 2

• **Goal 5: Reduce the Risk of Health care Associated infection** – [QUIZ COMPETITION]

• **Goal 6: Reduce the Risk of patient harm resulting from falls** – [ROLE PLAY]

Points:

1. Correct patient Identification
2. Safe Medication Administration
3. Effective communication
4. Infection prevention and control
5. Prevention of Patient falls
6. Safe surgery and procedures
7. Prevention of pressure injuries
8. Safe Handover and continuity of care
9. Accurate Documentation
10. Early Recognition of Patient Deterioration
11. Patient and Family Education
12. Reporting and prevention of Medical errors

13. Safe use of Medical Equipment

14. Patient Rights and confidentiality

15. Continuous Quality improvement

Patient understanding and teach back components:

1. Use simple language - Avoid Medical Jargon

2. Explain Clearly

3. Use appropriate language

4. Use visual aids

5. Allow questions - Encourage the Patient to ask questions and clarify doubts

6. Teach back Method

7. Demonstration - for skills such as Medication administration.

8. Correct Misunderstandings - Re-explain unclear information without blaming the patients.

9. Confirm understanding

10. Document Education

Key message:

Teach Back is not a test of the Patient - it is a test of how clearly we explained.

Emergency warning signs:

1. Monitor vital signs

2. Recognize sudden changes

3. Breathing difficulty

4. Altered consciousness

5. Chest pain or severe discomfort

6. Sudden neurological changes

7. Severe Bleeding

8. Rapid deterioration

9. Escalate promptly

10. Document and hand over

Nursing Safety Principle:

Recognize Early ® Respond Quickly ® Escalate Appropriately ® Reassess And Document

Educational materials:

Speech about Goal Explanation about 6 Goals.

Outcome / impact:

"Effective patient safety goals lead to fewer preventable errors, better clinical outcomes and safer, higher-quality nursing care."








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Department of Ophthalmology

Date: 16 September 2025

Time: 10:30 AM – 11:30 AM

Venue: SMVMCH Courtyard

Participants: Patients, Attendants and members of the public

Programme Title

Awareness Talk on Native Medicine and Its Harmful Effects, Proper Application of Eye Drops, and Dos and Don'ts of Post-Operative Care

Objectives

- To create awareness regarding the potential harmful effects of inappropriate use of native/traditional medicines for eye conditions and precautions following cataract surgery.

- To educate the public regarding the proper technique of eye-drop application.

- To explain the important myths and facts in eye drop instillation

- To encourage patients to follow prescribed treatment and post-operative instructions.

- To promote patient safety by preventing medication-related errors and inappropriate self-medication.

- To improve awareness regarding situations requiring timely consultation with an ophthalmologist.

Activities Conducted

A. Native Medicine and Harmful Effects

An awareness talk was conducted by Dr. Madhumitha .M, Senior Resident regarding the use of native/traditional medicines for eye conditions and appropriate precautions following eye surgery particularly cataract surgery.

Participants were educated about the potential risks associated with using unprescribed or inappropriate preparations in the eye and the importance of seeking appropriate ophthalmic medical advice.

It also emphasized on postoperative care like adherence to prescribed medications, proper eye hygiene, avoiding activities that may compromise recovery, and seeking prompt ophthalmic consultation if concerning symptoms develop.

B. Proper Application of Eye Drops

A live demonstration was given on the correct technique of eye-drop application by Dr. Jayalakshmi .G Assistant Professor. The importance of hand hygiene, avoiding contact of the dropper tip with the eye or surrounding surfaces, and proper administration of prescribed eye drops was explained.

C. Myths and facts about eye drops instillation

Common misconceptions regarding eye drops were discussed through an interactive Myths and Facts session, with participants encouraged to ask questions and clarify doubts. Interns by Artheeswari, Sarmili.

Method of Conducting the Programme

The session was conducted in an interactive manner, allowing participants to clarify their doubts regarding eye drops, native medicine use and post-operative care.

A practical demostation of proper eye- drop application to reinforce the information provided during the awareness session.

Outcome / Impact

The programme helped participants to distinguish between common misconception and appropriate eye-care practices.

The demonstration of eye-drop application hopefully helped reinforce the correct technique and promoted safer medication practices among participants.

Participation and Documentation Maintained

- Number of Participants: Approximately 30 members

- Attendance record

- Participant feedback forms

- Photographs were taken during awareness programme and eye-drop application demonstration








Patient safety week celebration 2026

Department of Psychiatry

Program Title

NABH patient safety week

Conducted By

Organizing Committee	Psychiatry department
Date / Time	18 September 2026 / 2:00 PM to 4:00 PM
Venue	*Psychiatry OPD and Ward*
Participants	CRRIs and Postgraduates – approximately 20 participants

Objectives – NABH Patient Safety Week 2026

- To create awareness about patient safety in psychiatric care.
- To promote safe use of psychiatric medications and prevent medication errors.
- To prevent common safety risks such as falls, self-harm, aggression and elopement.
- To educate patients and caregivers about medication adherence, patient rights and safety practices.
- To promote effective communication, teamwork and reporting of safety incidents.

Activities Conducted

- The activities were designed to create awareness regarding patient safety in psychiatric care, with emphasis on safe medication practices, prevention of common safety risks and patient rights.
- An introductory awareness session was conducted for the participants, covering important patient-safety practices relevant to psychiatric patients.
- Following the awareness session, participants took part in interactive patient-safety activities designed to reinforce practical understanding of safe psychiatric care.
- The activities focused on safe use of psychotropic medications, identification of safety risks, communication and reporting of safety incidents.
- Topics presented were:

  Second Generation Antipsychotics – Pro And Cons By Dr. Sowmiya C

Incident & Near-Miss Reporting By Dr. Sivabalan Ks

Suicide Prevention - Dr. Janifer N Sahran

Medication Adherence Strategies For Opd Patients By Dr. Chethran T

High Risk Protocol Among Psychiatry Patients - Dr. Megaa Malini.S

Patient Rights, Consent & Confidentiality - Dr. V. Kamaly

Key Areas Covered

- Importance of patient safety in psychiatric care.
- Safe use of psychotropic medications and prevention of medication errors.
- Prevention of common psychiatric safety risks including falls, self-harm, aggression and elopement.
- Importance of effective communication, teamwork and safe handover in psychiatric care.
- Awareness regarding patient rights, medication adherence and involvement of patients and caregivers in treatment.

Programme Details and Participation The Patient Safety Awareness Programme was conducted on 18 September 2026 by the Department of Psychiatry as part of the NABH Patient Safety Week Celebration 2026. The programme was conducted to promote awareness regarding patient safety practices among healthcare professionals, patients and caregivers. Approximately 20-30 participants attended the programme.

Educational Material / Programme Theme

The programme highlighted key aspects of psychiatric patient safety, including medication safety, prevention of harm, patient rights and effective communication.

Outcome / Impact

The programme provided an opportunity to reinforce awareness regarding patient safety in psychiatric care among the participants. It improved understanding of safe psychotropic medication practices, prevention of common psychiatric safety incidents and the importance of effective communication and teamwork. The interactive activities helped reinforce the key patient-safety messages in an engaging manner.




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Department of Radiology

PROGRAM TITLE: Radiation safety – Awareness Program

CONDUCTED BY

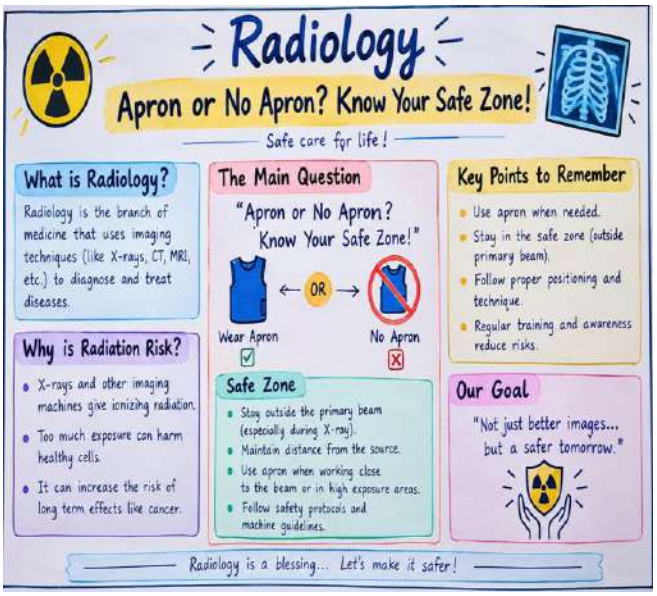
Name	1. "Apron or No Apron? Know your Safe Zone" - Dr. Yamini, Senior Resident 2. "Know Your Scan Before you Go" - Dr. Balavaitheeswar, Assistant Professor 3. "MRI Safety" - Dr. Abdul Salam, Assistant Professor 4. "Contrast Safety" - Dr. Roshen Raghaventhar, Senior Resident
Department/Institution	Department of Radio-Diagnosis

OBJECTIVE

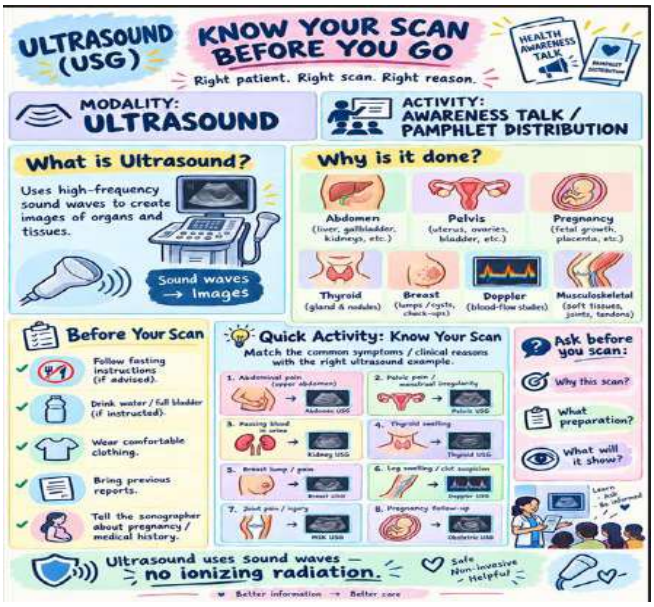
- The main objective of patient safety in radiology is to prevent errors, minimize risks, and avoid adverse effects while delivering maximum diagnostic and therapeutic benefit.
- Keep radiation doses as low as reasonably achievable through precise collimation, optimal shielding, and customized exposure parameters for vulnerable groups like children and pregnant patients.
- **MRI Safety:** Prevent injuries caused by strong magnetic fields, radiofrequency heating, and projectile hazards by screening patients for metallic implants, pacemakers, and foreign bodies.
- **Contrast media Management**: Screen for kidney function (creatinine levels) and allergies to prevent adverse drug reactions, hypersensitivity, or contrast-induced kidney injury.
- **Error prevention & verification**: Eliminate wrong-patient, wrong-site, or wrong-procedure mistakes through standardized time-outs, dual-identifier verifications, and clear clinical handover communication.
- **Quality Management**: Implement routine equipment testing, calibration, and continuous safety audits to maintain reliable and safe imaging hardware

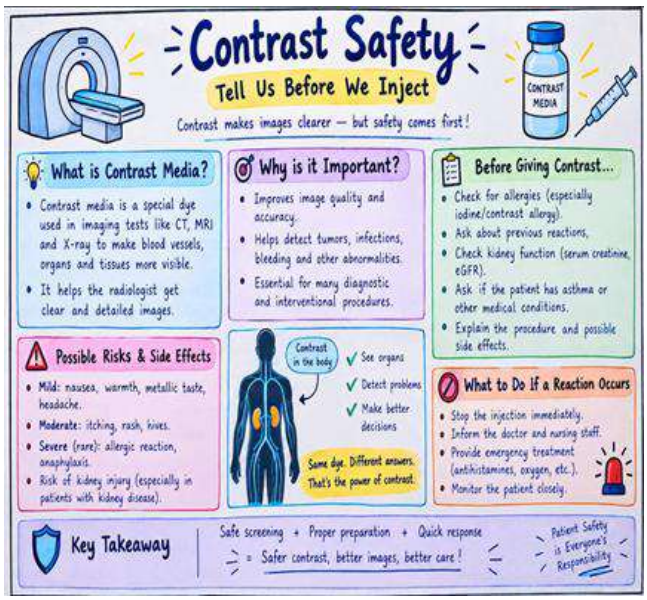
ACTIVITIES CONDUCTED

- Awareness sessions were conducted for Allied health students and technicians.
- Room layout puzzle or apron / No apron rapid fire quiz.
- Awareness sessions were conducted in Ultra sound, MRI and CT scan.
- Awareness sessions were conducted for Contrast medium management.


Radiology
Apron or No Apron? Know Your Safe Zone!
Safe care for life!
What is Radiology?
Radiology is the branch of medicine that uses imaging techniques (like X-rays, CT, MRI, etc.) to diagnose and treat diseases.
Why is Radiation Risk?
X-rays and other imaging machines give ionizing radiation.
Too much exposure can harm healthy cells.
It can increase the risk of long term effects like cancer.
The Main Question
"Apron or No Apron? Know Your Safe Zone!"
OR
Wear Apron
No Apron
Safe Zone
Stay outside the primary beam (especially during X-ray).
Maintain distance from the source.
Use apron when working close to the beam or in high exposure areas.
Follow safety protocols and machine guidelines.
Key Points to Remember
Use apron when needed.
Stay in the safe zone (outside primary beam).
Follow proper positioning and technique.
Regular training and awareness reduce risks.
Our Goal
"Not just better images... but a safer tomorrow."
Radiology is a blessing... Let's make it safer!


MRI
Safe Scans, Better Care
BEFORE THE MAGNET MENTION YOUR METAL
Metal Matters!
MRI is a powerful magnet. Even small metal objects can be dangerous!
ACTIVITY MRI SAFETY DETECTION
Look at the objects below. Can it enter MRI?
(Tick ✓ Yes / ✗ No)
Key
Mobile phone
Hair clip
Earrings
Watch
Safety pin
Hearing aid
Dental braces
Coin
Credit card
Inhaler
Stent / Implant
TELL US ABOUT:
Implants (joint, heart, brain, spine etc.)
Previous surgeries
Metal fragments (e.g., shrapnel, accident)
Tattoos (some may contain metal)
Dental work
Hearing aids
Any other metal object in your body or clothing
Metal can move, heat up or cause image distortion in MRI.
Before your MRI, please tell us about ANY metal in your body or on you.
Your safety is our priority
Be honest. Be safe.
METAL + MRI = RISK
(Movement | Heating | Image problems)
REMEMBER:
Metal matters.
Tell us before MRI.


ULTRASOUND (USG)
KNOW YOUR SCAN BEFORE YOU GO
Right patient. Right scan. Right reason.
HEALTH AWARENESS TALK
MODALITY: ULTRASOUND
ACTIVITY: AWARENESS TALK / PAMPHLET DISTRIBUTION
What is Ultrasound?
Uses high-frequency sound waves to create images of organs and tissues.
Sound waves → Images
Why is it done?
Abdomen (liver, gallbladder, kidneys, etc.)
Pelvis (uterus, ovaries, bladder, etc.)
Pregnancy (fetal growth, placenta, etc.)
Thyroid (gland & nodules)
Breast (lumps / cysts, check-ups)
Doppler (blood-flow studies)
Musculoskeletal (soft tissues, joints, tendons)
Before Your Scan
Follow fasting instructions (if advised).
Drink water / full bladder (if instructed).
Wear comfortable clothing.
Bring previous reports.
Tell the sonographer about pregnancy / medical history.
Quick Activity: Know Your Scan
Match the common symptoms / clinical reasons with the right ultrasound example.
1. Abdominal pain (upper abdomen) → Abdomen USG
2. Pelvic pain / menstrual irregularity → Pelvic USG
3. Passing blood in urine → Kidney USG
4. Thyroid swelling → Thyroid USG
5. Breast lump / pain → Breast USG
6. Leg swelling / clot suspicion → Doppler USG
7. Joint pain / injury → MSK USG
8. Pregnancy follow-up → Obstetric USG
Ask before you scan:
Why this scan?
What preparation?
What will it show?
Learn. Ask. Be informed.
Ultrasound uses sound waves — no ionizing radiation.
Safe
Non-invasive
Helpful
Better information → Better care


Contrast Safety
Tell Us Before We Inject
Contrast makes images clearer — but safety comes first!
CONTRAST MEDIA
What is Contrast Media?
Contrast media is a special dye used in imaging tests like CT, MRI and X-ray to make blood vessels, organs and tissues more visible.
It helps the radiologist get clear and detailed images.
Why is it Important?
Improves image quality and accuracy.
Helps detect tumors, infections, bleeding and other abnormalities.
Essential for many diagnostic and interventional procedures.
Before Giving Contrast...
Check for allergies (especially iodine/contrast allergy).
Ask about previous reactions.
Check kidney function (serum creatinine, eGFR).
Ask if the patient has asthma or other medical conditions.
Explain the procedure and possible side effects.
Possible Risks & Side Effects
Mild: nausea, warmth, metallic taste, headache.
Moderate: itching, rash, hives.
Severe (rare): allergic reaction, anaphylaxis.
Risk of kidney injury (especially in patients with kidney disease).
Contrast in the body
See organs
Detect problems
Make better decisions
Same dye. Different answers. That's the power of contrast.
What to Do If a Reaction Occurs
Stop the injection immediately.
Inform the doctor and nursing staff.
Provide emergency treatment (antihistamines, oxygen, etc.).
Monitor the patient closely.
Key Takeaway
Safe screening + Proper preparation + Quick response = Safer contrast, better images, better care!
Patient Safety is Everyone's Responsibility


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WARNING SIGNS EXPLAINED

- **Radiation Hazard Symbol:** The standard magenta/black trefoil on a yellow background indicating the presence of radioactive materials or active X-ray equipment.
- **"X-Ray Operating" / Warning Lights:** Red or amber warning lights outside examination rooms that illuminate when an exposure is in progress.
- **Pregnancy Warning Signs:** Notices instructing patients to inform staff immediately if they are or might be pregnant before undergoing X-rays, CT scans, or nuclear medicine procedures.

PATIENT SAFETY OUTCOMES

In radiology depend on systematic error prevention, strict adherence to radiation and equipment protocols, and clear multidisciplinary communication.

Key Patient Safety Hazards

- **Ionizing Radiation:** Increases lifetime carcinoma risks or causes localized skin injuries and cataracts if doses are not managed.
- **MRI Risks:** Includes projectile hazards from ferromagnetic objects, radiofrequency tissue heating, and peripheral nerve stimulation.
- **Contrast Reactions:** Can trigger acute hypersensitivity, extravasation, or nephropathy if renal function and medication history are missed.
- **Procedural Errors:** Involves wrong-patient, wrong-site scans, or miscommunication during interventional handovers.

Strategies for Optimal Safety Outcomes

- **ALARA Principle:** Keep radiation and contrast doses as low as reasonably achievable while maintaining diagnostic image quality.
- **Pre-Procedure Verification:** Use checklists and verbal confirmation of patient identity, exact site, and clinical history.
- **Environment Controls:** Enforce strict magnetic exclusion zones for MRI suites and maintain accessible emergency equipment.
- **Safety Culture:** Foster a no-blame reporting environment where any team member can halt a procedure over safety doubts.

Department of ENT

Date: 15 September 2026

Time: 11:00 AM

Department: ENT

Venue: ENT Demo Room

Theme: Safe ENT, Safe Life – Public Awareness

Topic: ENT Health and Safety Awareness

Activities: A 10-question questionnaire was distributed among 15 OP patients and attenders to assess their awareness regarding ENT health and safety practices. After completion of the questionnaire, participants were educated on ENT health, preventive measures, safe ear and hearing practices, and the importance of timely medical consultation.

Outcome: Participants gained better understanding of ENT health and safety practices.

Impact: The activity helped improve awareness and encouraged participants to follow preventive measures and seek timely medical care for ENT-related concerns.










Thank You